

**Monday 6th October – Sunday 12th October
2025**

Pool			
DAY	AM	LUNCH	PM
Monday	7:30am – 9:30am		6:15pm – 7:00pm
Tuesday	7:30am-9:30am	12:00am-3:30pm	
Wednesday		12:00pm-3:00pm	
Thursday		1:30pm-3:15pm	
Friday	7:30am – 8:30am		2:30pm – 3:45pm
Saturday			3:30pm – 6:00pm
Sunday			5:10pm-5:50pm
<p align="center">Changing Rooms Open/Close 10 minutes before and after swim times above.</p> <p align="center">Last entry 30 minutes.</p>			
Extra Swim Times			
Cancelled Swim Times			

Gym	
Monday -Tues-Frid	7:30am-8:30am & 6.00pm –9.00pm
Wed & Thurs	6.00pm – 9.00pm
Saturday – Sunday	8.00am – 6.00pm

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