

Monday 27th October – Sunday 2nd  
November 2025

| Pool                                                                                                                           |                 |                |                 |
|--------------------------------------------------------------------------------------------------------------------------------|-----------------|----------------|-----------------|
| DAY                                                                                                                            | AM              | LUNCH          | PM              |
| Monday                                                                                                                         | 10:30am-12:30pm |                | 3:30pm – 8:00pm |
| Tuesday                                                                                                                        | 10:30am-12:30pm |                |                 |
| Wednesday                                                                                                                      | 11:00am-12:30pm |                |                 |
| Thursday                                                                                                                       |                 | 2:15pm-3:15pm  | 6:10pm-7:10pm   |
| Friday                                                                                                                         |                 | 11:00am-3:45pm |                 |
| Saturday                                                                                                                       |                 |                | 3:30pm – 6:00pm |
| Sunday                                                                                                                         |                 | 12:15pm-3:00pm |                 |
| <p><b>Changing Rooms Open/Close</b><br/>10 minutes before and after swim times above.</p> <p><b>Last entry 30 minutes.</b></p> |                 |                |                 |
| Extra Swim Times                                                                                                               |                 |                |                 |
|                                                                                                                                |                 |                |                 |
| Cancelled Swim Times                                                                                                           |                 |                |                 |
|                                                                                                                                |                 |                |                 |

| Gym                                                |                                                                     |
|----------------------------------------------------|---------------------------------------------------------------------|
| Monday -Tues<br>Wednesday-<br>Thursday-<br>Friday- | 10:30am-9:00pm<br>11:00am-8:45pm<br>2:15pm-9:15pm<br>11:00am-9:00pm |
| Saturday –<br>Sunday                               | 8.00am – 6.00pm<br>8:00am-3:00pm                                    |

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