

Mon 1<sup>st</sup> September – Sun 7<sup>th</sup> September 2025

Pool			
DAY	AM	LUNCH	PM
Monday	7:30am – 9:00am	11:45pm-3:00pm	5:30pm – 8:00pm
Tuesday	7:30am-9:30am	11:45am-3:45pm	
Wednesday	7:30am – 9:00am	12:00pm-3:00pm	
Thursday	7:30am – 10:30am	2:15 pm-3:15pm	
Friday	7:30am – 8:30am	11:45am – 12:15pm	2:00pm – 3:45pm
Saturday			3:30pm – 6:00pm
Sunday			5:10pm-5:50pm
<p>Changing rooms open/close 10 minutes before and after swim times above.</p> <p>Last entry 30 minutes.</p>			
Extra Swim Times			
On timetable			
Cancelled Swim Times			

Gym	
Monday - Friday	7:30am-8:30am & 6.00pm – 9.00pm
Saturday – Sunday	8.00am – 6.00pm

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