

Monday 1st June – Sunday 5th July 2026

Pool			
DAY	AM	LUNCH	PM
Monday	7:30am-9:30am	1:30pm-3:30pm	6:15pm-8:00pm
Tuesday	7:30am-9:30am	12:30am-1:45pm	
Wednesday		2:30pm-3:45pm	
Thursday	7:30am-9:00am	1:45pm-3:45pm	
Friday		2:30pm – 3:45pm	
Saturday			3:30pm – 6:00pm
Sunday			
Changing Rooms Open/Close 15 minutes before and after swim times above. Last entry 30 minutes			
Extra Swim Times			
Cancelled Swim Times			

Gym	
Mon-Tues-Thurs	7:30am-8:30am & 6.00pm-9:00pm
Wed-Fri	6:00pm-9:00pm
Saturday	8.00am – 6.00pm
Sunday	8:00am-5:00pm

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