

**Monday 13th October – Sunday 19<sup>th</sup> October  
2025**

<b>Pool</b>			
<b>DAY</b>	<b>AM</b>	<b>LUNCH</b>	<b>PM</b>
<b>Monday</b>	7:30am – 11:00am		6:15pm – 7:00pm
<b>Tuesday</b>	7:30am-9:30am	12:00am-3:30pm	
<b>Wednesday</b>	7:30am – 9:00am	12:00pm-3:00pm	
<b>Thursday</b>	7:30am – 10:30am	1:30pm-3:15pm	
<b>Friday</b>	7:30am – 8:30am		2:30pm – 3:45pm
<b>Saturday</b>			3:30pm – 6:00pm
<b>Sunday</b>			5:10pm-5:50pm
<p align="center"><b>Changing Rooms Open/Close</b> 10 minutes before and after swim times above.</p> <p align="center"><b>Last entry 30 minutes.</b></p>			
<b>Extra Swim Times</b>			
<b>Cancelled Swim Times</b>			

<b>Gym</b>	
<b>Monday - Friday</b>	7:30am-8:30am & 6.00pm – 9.00pm
<b>Saturday – Sunday</b>	8.00am – 6.00pm

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